



HONG KONG FEDERATION OF WOMEN
香港各界婦女聯合協進會

第6屆 半邊天

2023-2024 青年精英培育計劃

The 6th Youth Actualization Training Programme

嘉許禮

Award Presentation Ceremony

“ 實踐 青年的 香港 夢 ”

Actualizing Hong Kong Dream of the Young ”



簡介 Introduction

第六屆「半邊天」計劃，主題為「實踐青年的香港夢」，於2023年5月至2024年8月舉行。為了讓參加者(以下簡稱學員)了解國家在粵港澳大灣區上的規劃及最新發展現狀、文化特色，計劃將深入探討國內企業發展，安排學員前往大灣區作交流活動，為大家提供一個與當地企業家和專業人士互動的機會，幫助學員更好地規劃自己的職業發展。計劃亦配合香港年青人在職涯規劃上，特別是在商業、金融、法規等範疇發展的需求，增設與青年創業家及企業家對話環節，分享其創業心路歷程，經營困難及暢談喜樂。另外特別開設國情研習班，使學員進一步認識祖國，了解中國文化。學員將有機會參與大型國際性的研討會及論壇，如Women Power Forum及聯合國婦女會議，擴闊國際視野。

The 6th Youth Actualization Training Programme "Actualizing the Hong Kong Dream of the Young" has been scheduled to take place from May 2023 to August 2024. The objective of the programme is to enable its participants to possess a better understanding of our Nation's recent strategic planning on the Guangdong-Hong Kong-Macau Greater Bay Area, its latest development and its cultural characteristics. The programme will offer an intensive study of the entrepreneur development in China. Exchange activities for the participants at the Bay Area will provide opportunities for the participants to have interactions with the local entrepreneurs and professional so as to help them acquire insights in the planning of their future career paths. The programme will also address the career development needs of Hong Kong's young people, particularly in the fields of business, finance and legal disciplines, as well as the sharing of the emotions, hardships and joy experienced by the up-and-coming young entrepreneurs on their struggle towards the success of the actualization of their dreams. National Conditions Seminars will be run to enable participants to get acquainted with our motherland and its culture. Furthermore, participants will be able to attend international seminars and forums such as the Women Power Forum and the United Nations Women's Conference so as to broaden their international perspectives.

嘉許禮程序 Programme

2024年8月31日(星期六)下午3時 • 31st Aug 2024 (Saturday) 3pm
雅辰會 Artyzen Club

歡迎辭 Welcoming Speech

主禮嘉賓致辭 Speech by Guest of Honour
香港行政會議非官守議員召集人、立法會議員
葉劉淑儀女士 Convenor of the Executive Council, Member of the Legislative Council

啟動半邊天社會關懷小組項目 Launching the 'Half-Sky' Social Care Project Group

頒發結業證書 Presentation of Certificate of Graduation

大合照 Group Photo

嘉賓分享 Guest Sharing
香港科技大學(廣州)副校長、
香港科技大學霍英東研究生院院長
吳宏偉講座教授、院士 Vice-president of HKUST (Guangzhou),
Dean of the Fok Ying Tung Graduate School at HKUST

各組分享成果 Sharing by Groups

致謝辭 Vote of Thanks

禮成 End of Ceremony

啟動禮 Kick-off Ceremony



啟動禮於2023年5月20日假雅辰會舉行，邀得香港黃金五十創辦人林奮強先生及電子機械工程專家、西安電子科技大學原校長、中國工程院段寶岩院士為嘉賓講者，分享主題分別為2023：從「天煞之年」走進香港最美好的時代及漫談電子信息技術發展趨勢、學科交叉與人才培養。林先生分享對香港未來發展的看法，並深入淺出地剖析了香港面臨的挑戰和機遇。段院士教育大家要從當前的每一件事做起、做好，從而實現目標。

本會創會主席林貝聿嘉博士在啟動禮後同本屆「半邊天」學員介紹婦協發展及分享在婦協的點滴，會後學員均表示對香港婦協有了較全面認識，亦會在之後活動中深入了解婦協，為婦協作出自己的貢獻。



段寶岩院士
Dr. Duan Baoyan



林奮強先生
Mr. Franklin Lam

The star-studded Kick-off Ceremony was held on 20th May 2023 at the Artyzen Club. Together with Mr. Franklin Lam, the founder of Hong Kong Golden Fifty, and Dr. Duan Baoyan, an expert in electronic and mechanical engineering, the former president of Xidian University, and academican of the Chinese Academy of Engineering, as guest speakers. They respectively shared their insights on the themes of "2023: From the 'Year of Calamity' to Hong Kong's Best Era" and "Trends in Electronic Information Technology Development, Interdisciplinary Studies, and Talent Cultivation". Mr. Lam presented his analysis on Hong Kong's past, present and future, and encourage the

啟動禮 Kick-off Ceremony



participants to seize the opportunity offered by the exponential development. Dr. Duan educated everyone on the importance of starting from every small thing and doing it well to achieve their goals.

After the seminars, Dr. Peggy Lam, the founding chairman of HKFW, introduced the development of HKFW and shared her experiences with the participants. The participants expressed that they now have a more comprehensive understanding of HKFW and will further explore and contribute to HKFW in future activities.

交流會 Exchange Session



交流會於2023年7月29日假香港婦協郭得勝服務中心舉行。召集人向學員介紹了未來活動的具體安排及收集學員有關社會服務計劃活動的意見，同時勉勵學員珍貴每個學習機會，日後回饋社會及國家。

Exchange Session was held at HKFW T.S. Kwok Service Center. The Convenors introduced the specific arrangements for future activities to the participants, and collected their opinions on social service project activities. They encouraged the participants to treasure every learning opportunity and to reciprocate our society and country.

大灣區創新科技企業考察

Study Tour at Innovative Enterprises in Bay Area



本會於2024年5月15日舉行大灣區創新科技企業考察。到訪企業包括：光明區城市規劃展覽館、深圳市晨光乳業有限公司、光明區虹橋公園、大疆創新科技有限公司及晶泰科技企業。

參觀光明區城市規劃展覽館，了解光明區歷史文化與未來規劃；拜訪珠江三角洲地區最大的生產和銷售乳製品企業之一，同時被國務院發展研究中心評為「全國最大鮮奶出口企業」——晨光乳業有限公司，了解其質量、健康、新鮮、關愛、信任的品牌核心價值；考察曾獲首屆「世界建築節·中國」的「年度最佳景觀設計大獎」——光明區虹橋公園；參觀大疆創新科技有限公司及晶泰科技企業，並與福田區委組織部胡冬紅副部長進行座談交流，進一步認識香港青年到深創業優惠措施。通過本次探訪交流，學員深入認識「粵港澳大灣區」企業的發展趨勢，同時加強對國家政策及發展的了解。



本次參觀交流期間，感謝深圳市專家人才聯合會郭清藍秘書長悉心安排行程及全程陪同。



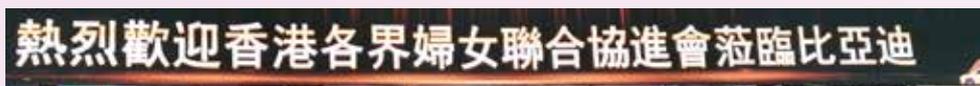
The participants conducted a study tour at innovative enterprises in Bay Area on 15th May 2024. Including: Guangming District Urban Planning Exhibition Hall, Shenzhen Bright Dairy Co., Ltd., Guangming District Hongqiao Park, DJI Innovation Technology Co., Ltd., Jingtai Technology Enterprise.

The participants visited the Guangming District Urban Planning Exhibition Hall to understand the historical culture and future planning of the Guangming District. Then visited Bright Dairy Co., Ltd., one of the largest producers and sellers of dairy products in the Pearl River Delta region, which has also been rated by the Development Research Center of the State Council as the "largest fresh milk exporting enterprise in China." This allowed them to understand the brand's core values of quality, health, freshness, care, and trust. The participants also inspected the Guangming District Hongqiao Park, which had previously won the "Annual Best Landscape Design Award" at the inaugural "World Architecture Festival • China." In addition, they visited DJI Innovation Technology Co., Ltd. and Jingtai Technology Enterprise, and had a discussion and exchange session with Mr. Hu Donghong, Deputy Director of the Organizational Department of the Futian District Committee, to further understand the preferential policies for Hong Kong youth to start businesses.

Through this visit and exchange, the participants gained an in-depth understanding of the development trends of enterprises in the "Guangdong-Hong Kong-Macao Greater Bay Area," as well as a deeper understanding of national policies and development.

During this visit and exchange, the participants would like to express their gratitude to Ms. Guo Qinglan, Secretary-General of the Shenzhen Experts and Talents Federation, for carefully arranging the itinerary and accompanying them throughout the entire program.

大灣區企業考察及交流 Visits at the Bay Area



一眾青年精英於2023年8月10日到訪大灣區及前海各大型企業作參觀及交流，包括金蝶國際軟件集團深圳總部、河套深港科技創新合作區及粵港澳青年創新創業工場、比亞迪，藉此加深對大灣區的了解。

活動中學員通過參觀及聆聽介紹，了解到金蝶公司的運營模式及先進設施與其在深港兩地發展過程；亦參觀考察了河套深港科技創新合作區及粵港澳青年創新創業工場，並與福田區委組織部胡冬紅副部長進行座談交流，進一步認識香港青年到深創業優惠措施，同時亦搭建兩地交流平台，結合各自優勢領域從而實現信息共享渠道；最後在比亞迪副總裁、深圳市地鐵集團有限公司首席規劃師劉卡丁先生陪同下，全體參加者更親身試乘比亞迪自主研發的「雲巴」，感受未來綠色城軌領域和智慧城軌領域的探索概念。通過本次探訪，學員深入認識「粵港澳大灣區」企業的發展趨勢，同時加強對國家政策及發展的了解。

在本次參觀交流期間，感謝深圳市專家人才聯合會郭清藍秘書長悉心安排行程及全程陪同。

We had a precious opportunity to understand the development of Bay Area on 10th August 2023. The enterprises visited include the Shenzhen headquarters of Kingdee International Software Group, the Hengqin Shenzhen-Hong Kong Science and Technology Innovation Cooperation Zone and the Guangdong-Hong Kong-Macao Youth Innovation and Entrepreneurship Base, as well as BYD.

During the activity, the participants learned about Kingdee's operational model and advanced facilities, as well as its development in Shenzhen and Hong Kong. They also visited the Hengqin Shenzhen-Hong Kong Science and Technology Innovation Cooperation Zone and the Guangdong-Hong Kong-Macao Youth Innovation and Entrepreneurship Base, and had a dialogue with Ms. Hu Donghong, Deputy Director of the Organization Department of the Futian District Committee, to further understand the preferential policies for Hong Kong youths starting businesses in Shenzhen, while also establishing an exchange platform between the two places and achieving information sharing by leveraging their respective strengths. Finally, accompanied by Mr. Liu Kading, Vice President of BYD and Chief Planner of Shenzhen Metro Group Co., Ltd., all participants





personally experienced BYD's self-developed "Cloud Bus", and felt the exploration concepts in the fields of green urban rail transit and smart urban rail transit. Through this visit, the participants gained an in-depth understanding of the development trends of enterprises in the Guangdong-Hong Kong-Macao Greater Bay Area, and also enhanced their understanding of national policies and development.

During the visit and exchange, we would like to express our gratitude to Ms. Guo Qinglan, Secretary-General of the Shenzhen Experts and Talents Association, for her careful arrangement of the itinerary and accompanying us throughout.



青年創業家分享會 Entrepreneurship Sharing Session



吳嘉俊先生
Mr. Adrian Ng



徐嘉穎女士
Ms. Kathy Tsui



青年創業家分享會於2023年9月23日上午假香港婦協郭得勝服務中心舉行，有幸邀得友和創辦人、營運總監及執行董事徐嘉穎女士（Kathy）以及本地汽水品牌「閣樓釀造 (Mezzanine Makers)」創辦人、商業總監吳嘉俊先生(Adrian)作為分享嘉賓。通過本次分享會，讓學員體會創業及管理企業的心路歷程。

The Entrepreneurship Sharing Session was held on 23th September 2023 at HKFW T.S. Kwok Service Center. We are honored to have invited Ms. Kathy Tsui, the Founder, Chief Operating Officer and Executive Director of YOHO, and Mr. Adrian Ng, the Founder and Commercial Director of the local soda brand "Mezzanine Makers", as guest speakers. Through this sharing session, the participants were able to gain insights into the journey of entrepreneurship and business management.

中華歷史文化研修班

Chinese History and Culture Study Program



開班儀式由中華文化學院教務部副主任、二級巡視員趙霞女士主持，中聯辦協調部徐小林副部長及本會何超瓊主席致辭。

經由中聯辦協調部與中華文化學院支持及籌辦，香港婦協舉辦的第六期中華歷史文化研修班於2023年11月16日至19日在北京舉行，由何超瓊主席率領，青年領袖委員會召集人陳鄭小燕副主席、副召集人麥樂嫦、鄺福寧，蘇佩敏，委員及半邊天學員一行32人參加為期4天的國情研修班。

研修班均由教授及著名學者授課，課題包括宏觀經濟形勢、二十大精神、周邊形勢與中美關係、新時代婦女與兒童權益等。研修班亦前往拜會全國婦聯，由全國婦聯副主席、書記處第一書記黃曉薇女士宴請及由全婦聯副主席、書記處書記章冬梅女士陪同接待，同時更與全國婦聯領導進行午宴交流，在各議題上分享及交流看法，學員們更踴躍發問。

課程還安排參觀環節，安排往北斗產業創新基地、金風科技、宋慶齡青少年科技文化交流中心、東城區前門街道草廠社區參觀，以及到國家大劇院欣賞昆劇。香港婦協更是首個組織，由學院安排到訪中國人民解放軍對外培訓的最高層次院校—中國人民解放軍國防大學的研修班，實屬難能可貴，學員倍受鼓舞，期間與學院大校楊軍副院長、學員工作處大校張岩處長和教學科研處上校郭永斌副處長的學術討論和交流，學員了解學院高階軍官課程及國家國防政策，受益匪淺、開闊眼界。學員均表示獲益良多，不虛此行，感謝中聯辦協調部為本次研修班安排及協調。

Supported and organized by the Coordination Department of the Liaison Office of the Central People's Government in the Hong Kong SAR and the Chinese Culture Institute, the 6th Chinese History and Culture Study Program organized by HKFW was held in Beijing from 16th to 19th November 2023. It was led by Chairperson Ms. Pansy Ho, with a delegation of 32 people including Vice Chairperson and Convenor of Youth Leaders Sub-Committee Mrs. Shirley Chan, Vice Conveners Ms. Mabel Mak, Ms. Theresa Kwong and Ms. Maria So, as well as members and trainees from the "Half the Sky" program, participating in the 4-day national conditions study program. The program was taught by professors and renowned scholars, covering topics such as the macroeconomic situation, the spirit of the 20th National Congress, the surrounding situation and China-US relations, as well as women's and children's rights in the new era. And also visited the All-China Women's Federation, where they were hosted by Vice Chairperson and First Secretary of the Secretariat Ms. Huang Xiaomei, and accompanied by Vice Chairperson and Secretary of the Secretariat Ms. Zhang Dongmei. They also had a luncheon exchange with the leadership of the All-China Women's Federation, sharing and exchanging views on various issues, with the participants actively asking questions. The program also arranged visits, including to the Beidou Industry Innovation Base, Goldwind Technology, the Soong Ching Ling Youth Science and Culture Exchange Center, and the Caochang Community in Qianmen Street, Dongcheng District, as well as to watch a Kunqu Opera performance at the National Center for the Performing Arts. HKFW was the first organization to have its study program arranged to visit the highest-level institution for external training of the Chinese People's Liberation Army - the National Defense University of the Chinese People's Liberation Army, which was a rare and invaluable opportunity. The participants were greatly encouraged, and during the academic discussions and exchanges with Deputy President Mr. Yang Jun, Mr. Zhang Yan Director of the Student Affairs Office, and Mr. Guo Yongbin Deputy Director of the Teaching and Research Office, they gained a deeper understanding of the high-level officer courses and national defense policies at the Academy, which greatly broadened their horizons. The participants all expressed that they had gained a lot and the trip was not in vain. Thank you for the coordination by the Liaison Office.



全國婦聯黃曉薇副主席



香港婦協何超瓊主席



參加名單 Programme Participants

方暢程	石敏	呂柏毅	吳琬瑩	李倩敏	周宇	周德盈	林紫君
俞可迪	施彬彬	孫鶴淇	徐琬婷	高菲	張立	張者昂	梁善綾
梁舒濤	莊可怡	陳立言	陳尚懿	陳欣怡	陳柳伊	陳胤華	陳寶珊
黃樂妍	楊瑋婷	源倩鑽	葉綺峻	甄璐瑤	劉子健	劉世玉	劉孟蕤
劉倩好	樊維思	談慧盈	鄧詠中	顏佳蓉	羅婉珮		

各組精英感想 Words of Elites (Graduates)

主題 | 特殊教育

組別感想：

參與這次關於認識特殊教育（讀寫障礙、自閉症、過度活躍症）的專案，我們組別以影像為媒介，製作了三條影片，旨在傳遞正確的知識，提高大眾對特殊教育的認識，消除誤解與偏見，並關注香港的實際情況及提供支援家長的方法。影片內容是擷取國際認可的準則及特殊教育界專業人士的意見。

我們有幸在製作影片初期，走進了一家國際學校，並和特殊教育相關的主任進行了深入的交流。他向我們介紹了一些特殊教育情況的特徵及在香港的普遍性，他也分享了一些幫助這些孩子的方法及學校如何與家長緊密合作，共同營造一個孩子成長正面的環境。我們非常感謝這次探訪學校的機會，讓我們對特殊教育的現狀有了更加直觀和深刻的認識。

我們希望透過這些影片能夠讓更多的人關注特殊教育，理解特殊孩子，為他們創造一個更加包容、理解和支持的社會環境。



組員名單： 吳琬瑩 Queenie 徐琬婷 Christine 呂柏毅 David 周德盈 Clare 劉世玉 Vicky
梁善綾 Kelly 顏佳蓉 Irina 陳胤華 Eva 陳尚懿 Michael

主題 | 婦女權益

組別感想：

過去一年，半邊天的活動讓我們與國家和社區的連結更加深厚。今年各成員參加了成功女企業家創業家的座談會、國安法講座，並前往大灣區參觀科技企業如大疆和比亞迪，還參與北京國情研修班以及聯合國婦女峰會。這些寶貴的經歷拓展了我們的視野，讓我們對國家發展以及婦女事業有更深入的認識和啟發。

2023年施政報告提及到民政及青年事務局已設立婦女事務組，推動婦女事務工作，彰顯了國家和香港政府對提升婦女地位的重視。而本屆2024年巴黎奧運會上，男女運動員的參賽比率首次達到1:1。這無疑是一項令人鼓舞的里程碑，標誌著國際及國家更加接近性別平等共榮，為婦女發展創造了更友善的環境，讓女性在各行各業也正蓬勃發展的機遇。

在短短的幾個月裡，來自不同背景的會員一起相互學習和合作，完成半邊天的活動，實在是獲益良多。在此感謝我們的組員抽出時間，各盡其責完成線上的社區計劃內容，提升了我們的組織能力、溝通技巧、領導才能和團隊精神。最後，感謝香港各界婦女聯合協進會讓我們有機會參與社區事務，並讓我們啟發自我價值服務社會，發光發亮！

組員名單： 陳寶珊 Elizabeth 梁舒濤 Quiteria 談慧盈 Winnie 方暢程 Agnes 羅婉珮 Karen
莊可怡 Jolie 施彬彬 Amber 高菲 Vivian 劉倩好 Sophia

主題 | 中國傳統文化



樊維思 Alice :

很榮幸成為文化及藝術社會活動的組長。經過小組熱烈的探討後，我們認為對中國文化及藝術的認識應該從興趣開始。於是我們設計了具有趣味性的學習及體驗活動，用AI復原一些中國傳統文化教材，以遊戲及沉浸式漢服體驗，增加學生的興趣。看到同學們積極的參與及發問，我們倍感欣慰，希望把這個過程用互聯網的方式傳遞出去。

石敏 Mandy :

透過這部短片，我們成功將歷史與文化融合，用輕鬆的方式讓學生在娛樂中學習。這次製作讓我深刻體會到文化傳承的重要性，也看到新一代觀眾對中華歷史的濃厚興趣。

劉孟蕓 Samantha :

非常榮幸且衷心感謝有這個寶貴的機會參與此次計劃，讓我不僅對國家及青年發展有了更深的瞭解，還有幸認識這麼多優秀的領袖及青年。

甄璐瑤 Olive :

第6屆半邊天很榮幸能參加由香港各界婦女聯合協進會組織的「第六屆半邊天計劃」。一年多的時間裡，我們有機會參與不同的國際活動、與香港優秀企業家交流，走進內地各大機構院校，瞭解國家發展戰略以及當下發展新貌，讓我們更加確信香港及香港的年青人在融入國家發展大局的定位和角色。特別高興能認識這個計畫的朋友們，尤其是 Chinese Art and Culture 的實踐項目，讓我拓展了自己的視野，認識了不同的優秀青年。

陳立言 Naomi :

感謝團隊及半邊天負責人員的努力不懈。



鄧詠中 Jennifer :

很想開心可以跟一班熱血的兄弟姐妹在漢華中學推廣中國文化。利用Ai及漢服體驗，生動的形式，令學生們更加理解中國文化。

林紫君 Doris :

成員們盡心盡力,克服重重困難,成功舉辦了這次活動。每個人都貢獻了自己的一份力量,共同傳承這份珍貴的文化遺產。

劉子健 Kay :

這次活動真是獲益良多！過程中，我學到了許多同人合作的技巧，例如如何有效溝通、分工合作以及整合不同人的創作理念。更重要的是，我還認識了很多志同道合的新朋友，彼此交流創作心得，互相學習，讓我對同人創作更有熱情和動力！期待下次活動再聚！

源倩鑽 Sophia :

好開心擇到一個咁有意義嘅唐代藝術節目俾小朋友。

李倩敏 Alice :

很開心有這個領袖培訓的機會，並藉此能夠更認識國家發展，服務社會，很欣賞考察的悉心安排，還有機會跟歷屆的半邊天學員一起交流，期望不久的將來有更加多的活動。

葉綺峻 Jenny :

華服為我們建立了文化自信，亦令我們想多瞭解這些服裝背後的歷史文化。

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(排名按筆劃序)

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